

### Waxing Between Eyebrows

Caution. Take extreme care when waxing between eyebrows to prevent dropping wax into the eyes. Use a very sparing amount of wax on the spatula, or preferably, ask a friend to assist in applying the wax so that you can keep your eyes closed. Most people will find the hair between their eyebrows grows upward. Check the direction of your hair growth. Apply small amounts of wax in the direction of the hair growth, press the cotton strip onto the wax and remove against the direction of the hair growth. Use a thumb and forefinger to pull the skin in the area taut. Do not wax under the eyebrow.



### Above Top Lip

Caution. Placing wax on your lips or lip line could cause injury to this sensitive skin. Generally upper lip hair grows down toward the lips. Remove hair from above upper lip in two stages. Check direction of hair growth before starting. Remember to apply wax along direction of growth and zip-back Cotton Strip against growth. Sucking your lips inward, as if to bite them, will assist in keeping the skin of your upper lip taut. Also place your thumb and forefinger of one hand on either side of the area you are waxing and pull the skin taut. Treat one side at a time. After applying a thin layer of wax press on the Marzena Cotton Strip and smooth down. Quickly zip-up in the opposite direction to hair growth. Repeat in sections until complete area above the top lip is treated.



### Chin

Tilt head back. Hold skin taut and apply a very thin layer of wax in the direction of the hair growth. Apply a Cotton Strip, hold skin taut and zip strip back quickly and firmly against the hair growth.

### Underarms

First check underarms are completely dry and free of perspiration. If hair is long or curly, trim to about 6mm (1/4 inch) before waxing. Always apply talc before treating this area. The correct position for waxing your right underarm is to raise your right arm, placing your right hand on the back of your head, and positioning your elbow so the skin under your arm feels taut. Because it is difficult to keep underarm skin taut, you may require the assistance of another person. Do not proceed until you have managed to keep the skin taut. Improper application can cause skin irritation, skin removal or other injury. Some people may experience a slight and momentary show of blood at the opening of the hair follicle. Underarm hair may grow in two directions, so it will require removing in two stages.



If you find Marzena Liquid Wax unsuitable, we recommend that you use Marzena Sensitive Hair Remover Lotion with its distinctive proven formula.

**Note: Because hair grows more densely in this area than any other, you must zip-back as close to the skin as possible with one firm, fast, aggressive action. After treatment, remember to gently massage, or apply a cold, wet flannel to the area to reduce the tingling sensation.**

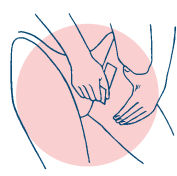
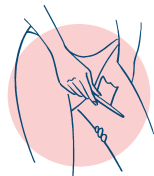
### Arms

If desired, wax fingers and back of hand first, then side of arm from elbow down to thumb and index finger. Then wax front of arm. Apply thin layer of Marzena Liquid Wax in direction of hair growth. Position arm so the skin is taut, or ask a friend to help you keep the skin taut. Apply Cotton Strip. Zip-back quickly and firmly against growth. To wax back of arm, raise elbow and touch back of your shoulder (see diagram). Skin should be taut. Apply a thin layer of wax along hair growth. Apply strip. Ensure skin is taut, zip-back quickly against hair growth.



### Bikini Line

If hair is long or curly, trim to about 6mm (1/4 inch) before waxing. Always apply talc before waxing. Wax in sections, following direction of hair growth. Hold skin taut, apply Marzena Liquid Wax thinly in direction of hair growth, apply Cotton Strip and zip-back quickly.



### Stomach

Stomach hair grows from right and left into the centre, so must be removed in two stages. First hold skin taut, then apply a thin layer of Marzena Liquid Wax along hair growth from left side down into centre. Hold skin taut again to apply Cotton Strip, rub down firmly and zip-back quickly from centre of stomach to left side in one movement.



### AFTER WAX CARE

1. Any waxy residue can be washed off. Cotton Strips wash out in warm water, once dry they can be re-used.
2. Because your hair has been removed roots and all, it is normal to experience a slight redness of the skin and a tingling sensation. Gently massaging the waxed area can help stop, or greatly reduce, the tingling sensation. You may find that the application of a cold wet flannel or icepacks will calm the skin.
3. To avoid damage to sensitive skin do not expose recently waxed skin to harsh sunshine, or sunlamps, for 24 hours.
4. Recap your pot of Marzena Liquid Wax tightly and store upright in a cool, dry place until you're ready to use again.
5. If irritation persists, stop immediately and seek medical advice.

### Marzena BodyCare Products

Queries? Freephone

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# Marzena

for longer lasting smooth skin.

## liquid wax

**FOR FACE, BODY & BIKINI**

Water Soluble, Natural, Safe.

Effective and Easy to Use,

Washes off in water, Microwaveable

**IMPORTANT** Please read and fully understand these instructions before commencing with each trial or treatment.

**WARNING** Wax treatments may not be suitable for people with sensitive or problem skins. Wax treatments are not recommended for the elderly or people with loose skin. Wax should not be applied over sun affected, chapped, broken or sore skin, cuts, weak scars or eczema. Nor should it be used on varicose veins, moles or warts, inside the nose or ears, on nipples, below the eyebrows or genital areas. Take extreme caution when warming the wax. Testing or applying the wax when it is too hot could cause you serious injury. Read the instructions carefully. Proceed at all times with extreme caution. Remember the pot containing the wax will also become hot. Use a towel when handling the heated pot. Place the towel around the pot and over your hand and wrist to fully protect your skin in case you have overheated, or accidentally spill the wax. Always use a spatula when testing the wax heat or when applying the wax. Failure to heed these warnings may result in severe skin irritation, skin removal, burns or other injury.

**KEEP OUT OF REACH OF CHILDREN**

**CAUTION** If the skin to be treated is not held taut, and the Cotton Strip is not zipped or pulled back very fast and close to the skin, a pinching effect may be felt. A residue of wax will remain on the skin or worse, skin could be removed resulting in injury.

Do not use the same time setting each time you heat the wax. Because the amount of wax remaining after each treatment will be less than the previous treatment, the time setting will decrease accordingly. Follow the instructions very carefully. Heating times are a guide only. Use extreme caution when testing the wax for its warmth.

#### PREPARATION

1. As skin conditions often vary due to climatic, hormonal, food intake and many outside influences, we recommend a small patch test on the area to be treated, 24 hours prior to each and every use. If no adverse reaction after this time, proceed as per instructions.
2. After shaving or using chemical depilatory creams, you'll need to let your hair grow for about 2 weeks until the hair is at least 6mm (1/4 inch) long. This allows the wax to properly grip the hair. Marzena Liquid Wax removes hair at the root, hindering regrowth, so after 2-3 waxes your hair will be much softer, finer and less noticeable.
3. Long hair, such as underarm and bikini line hair must be trimmed before waxing to about 6mm (1/4 inch) long.
4. You'll need the spatula supplied, your Marzena Liquid Wax, this Instruction Leaflet, Cotton Strips provided and a towel for handling the heated pot and wiping up drips (Marzena Liquid Wax completely dissolves in water so any spills can be easily washed away).
5. Ensure your skin is clean, dry and oil free. Skin should be clear of perspiration, creams and moisturisers as these detract from the maximum effectiveness of waxing. Skin can be more sensitive after sunbathing or showering.
6. Dust the area with talcum powder, particularly if the climate is hot and humid.

7. Remember to always test the wax after heating and before use.

#### WARMING THE WAX

Always place a towel over your hand and wrist while holding or moving the heated wax to protect your hand from accidental splashes or spills.

Prior to heating, remove the screw-top from the pot of wax. Ease open one portion of the plastic seal to allow the product to 'breathe' during heating. Carefully remove the seal after heating (355g pot only).

Take great care when warming the wax not to overheat it. Wax should be between 45°C - 51.7°C (113°F - 125°F), any hotter and it could cause you serious injury. As a guide, the wax should be about the consistency of a thick liquid honey - no thinner. If bubbles appear in the wax it is too hot and the wax should be allowed to cool for at least 20 minutes before you even attempt to check the wax on your skin.

Stir the pot well to blend all the wax to an even consistency. Even when the wax has reached what appears to be the desired consistency, you will still need to check the heat before every waxing. Do this by using a spatula to spread a little wax thinly in a small patch on the inside of your wrist. When waxing your legs, test with a small patch on your lower leg. If it feels too hot you have overheated the wax.

Wash off immediately with warm water and leave the wax to cool for at least 20 minutes before retesting the wax temperature.

#### USING THE MICROWAVE

Microwaves vary in power output. Times expressed in the heating guidelines below are based on a 650 watt output microwave. Shorten heating times if your microwave is over 650 watt output. Times given are an indication only. Remember, the wax will continue to increase in temperature for up to 5 minutes after removal from microwave.

Take extreme caution not to overheat. Never leave the heating wax unattended.

#### HEATING - Guidelines only

After heating and stirring, the wax should be between 45°C - 51.7°C (113°F - 125°F) with the consistency of thick liquid honey.

#### LIQUID WAX HEATING GUIDELINE

**BASED ON A 650 WATT OUTPUT MICROWAVE. REDUCE HEATING TIMES PROPORTIONATELY IF USING A HIGHER WATT-OUTPUT MICROWAVE.** Know the size of your pot, select correct heating guide below. Times are based on starting with a cold pot, stored in a cool place (15°C/59°F).

Amount of wax in the pot	355g Pot		750g Pot
	Microwave	Stove Top	Microwave
Full Pot	40 seconds	12 mins	1 min. 15 secs
3/4 Full	35 seconds	11 mins	1 minute
1/2 Full	24 seconds	8 mins	50 seconds
1/4 Full	18 seconds	6 mins	40 seconds

#### Never Leave the Heating Wax Unattended

These times are an indication only. Stir gently to ensure all the wax is heated to the same consistency. If the wax is not the consistency of thick liquid honey, heat for THREE seconds longer in the microwave (or 30 seconds on the stove top), checking the wax heat between each further 3 seconds heating (or each further 30 seconds on the stove top).

#### USING THE STOVE TOP (355g pot only)

Take care not to allow any water into the wax. Place the wax pot in a saucepan and add water until it comes halfway up the sides of the wax pot. Gently heat the water and simmer for the time indicated in the heating guidelines. Take care to keep the water topped up to the halfway point.

**WARNING: Do not leave the heating wax unattended. If the water is allowed to completely evaporate, the plastic pot will overheat and the plastic could melt. If this should occur you should immediately remove the saucepan from the element and let the pot cool down for 30 minutes. Do not attempt to touch the pot, or remove it from the saucepan, until it is completely cold. Dispose of the melted pot. If you attempt to reheat the pot you could sustain serious injury from the wax falling through the melted, or weakened bottom of the pot.**

#### DIRECTIONS FOR WAXING

##### 1. Apply the Wax

- Stir the wax to an even consistency. The outer areas will be warmer and thinner than the cooler and thicker centre. Mix together to an even consistency.
- Proceed only if the patch test 24 hours ago, proved acceptable to you.
- Check wax temperature is at a comfortable heat.
- Find the direction of hair growth.
- Dip spatula up to 3cm (1¼ inches) into the wax. Use the edge of the spatula and apply a firm pressure to spread Marzena Liquid Wax in a thin film along the direction of hair growth. (You've got it right if you can still see hair and skin through the wax).
- Avoid the temptation to scrape the spatula back and forward.

##### 2. Apply the Cotton Strip

- Place a Marzena Cotton Strip over the wax and rub down firmly along the direction of hair growth.

#### 3. Remove the Cotton Strip

- Hold skin taut with one hand. With the other hand lift the bottom corner of the strip, zip-back quickly in one movement, pulling the strip along the surface of the skin - not away from it.



**Zip Back**

RIGHT

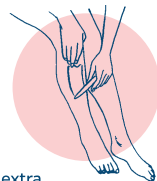
WRONG

#### 4. Cleanse and Moisturise

- Any wax residue can be rinsed off simply with a little water and a clean cloth.
- **Tip:** Maintain your skin and avoid in-grown hair with daily use of a loofah mitt when showering or bathing. Soap up first and rinse off thoroughly after applying the mitt.

#### Legs

The illustration shows the correct position for waxing legs. Treat legs in sections, working down to the ankle, waxing one section at a time.



#### Face

Caution.

Because facial skin is extremely soft, take extra care to keep skin taut when removing the cotton strips. Always check wax temperature on your wrist before applying to your face. If you have stubborn facial hair, avoid re-applying wax in the same spot in the same waxing session as this could result in a skin irritation or bruising.