

## FIVE KEY POINTS FOR SUCCESSFUL

### WAXING:

1. Preparation: ensure skin is clean and dry and the strip is supple, not too warm, not too cold or brittle.
2. Press firmly: ensure hair is in contact with the wax.
3. Tight skin: ensure the skin is taut enough to stop it moving.
4. Zip-back direction: zip-back close and parallel to the skin, never up and away from it.
5. Zip-back speed: the faster the strip is removed, the more effective the waxing result. Peeling back is too slow.

### STEP 2 - APPLY THE INHIBITOR SERUM DIRECTLY AFTER WAXING

Apply the serum directly after waxing for spectacular results in the dramatic reduction of facial hair regrowth. Continue to apply the serum for up to 3 applications per day for 12-14 days. The serum enters the open hair follicles and restricts the protein required for a new hair root.

**PRECAUTIONS Read before use:** Always conduct a patch test 24 hours before each and every use on the area to be treated. Read and understand the **WARNING** section on the front page. Proceed only if the warning statement does not apply to you.

Keep away from eyes. If any irritation persists stop use immediately and consult your doctor. Do not spray directly on to the face.

If accidentally rubbed into the eyes rinse with copious amounts of cold water and contact your doctor.

1. Ensure the skin is free of hair and is clean and dry. Remove any creams or oils.
2. Spray the serum into the palm of the hand 2-3 times and gently massage into the area that has been waxed.

Repeat this 3 times. This is one application. This application can be done up to 3 times per day with a minimum of once per day.

3. Repeat step 2 up to 3 times per day for a period of 12-14 days. 3 applications per day for 14 days will give the best results.

### RESULTS

Your skin will remain hair free for up to 4 to 6 weeks after using the treatment. If some hair appears within this time it is usually new hair that had not yet surfaced above the skin prior to hair removal.

Continue to treat the facial hair using the two-step No More Facial Hair Hair Minimising Treatment and you will see quite spectacular results of diminished hair regrowth after two to three treatments. Hair will take longer to regrow, prolonging time between treatments and the hair will appear thinner and lighter. Ensure to follow the directions each time.

### INGREDIENTS

**WAX STRIPS:** Hydrogenated Styrene/Methyl Styrene/Indene Copolymer, Paraffinum Liquidum (Mineral Oil), Hydrogenated Microcrystalline Cera (Hydrogenated Microcrystalline Wax), Ethylene/VA Copolymer, Aloe barbadensis Leaf Extract, Ricinus communis (Castor) Seed Oil, Helianthus annuus (Sunflower) Seed Oil, Parfum (Fragrance), Limonene, Citral, CI 42090 (Blue 1 Lake), CI 75810 (Chlorophyllin-Copper Complex).

**FIACIAL HAIR INHIBITOR SERUM:** DI Water, Propylene Glycol, Polysorbate 20, Lauryl Isoquinolinium Bromide, Tea Tree Oil, Tocopherol Acetate (Vitamin E), Phenoxyethanol, Fragrance.

**Keep out of reach of children  
Store in Box**

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**Marzena**  
for longer lasting smooth skin.

# No More Facial Hair

## Hair Minimising Treatment

### Facial Wax Strips and Inhibitor instructions

**IMPORTANT** Please read and fully understand these instructions before commencing with each trial or treatment.

Read the warning statement below.

### Keep out of reach of children

**WARNING:** Wax treatments may not be suitable for people with extra sensitive or problem skins.

Wax treatments are not recommended for the elderly or people with loose skin. The wax or serum should not be applied over sun affected, chapped, broken or sore skin, cuts, weak scars or eczema. Nor should it be used on varicose veins, moles or warts, inside the nose or ears, on nipples, under the eyebrow, on the lip or genital areas. Failure to heed these warnings may result in severe skin irritation, skin removal, or other injury.

## **Congratulations on purchasing your No More Facial Hair Minimising treatment. A revolutionary treatment for the dramatic reduction of facial hair regrowth.**

The treatment is complete in two easy steps. First by removing the hair using the included facial wax strips. Secondly by massaging the inhibitor serum into the treated skin for 12-14 consecutive days, up to 3 times per day. The following instructions will describe the waxing treatment followed by how to apply the inhibitor serum.

*Follow the individual instructions carefully for each treatment area. Test on a small area first before each treatment. Wait 24 hours. If there is no irritation or side effects proceed with treatment. You may require assistance in holding your skin taut. Do not expose newly treated skin to harsh sunlight or to sunlamps for at least 24 hours after waxing as this can result in sunburn and/or injury. A slight tingling sensation may be felt after applying the serum. This is normal. If uncomfortable, lessen the treatment dose. Also check **WARNING** section and ensure it does not apply to you. **Keep out of reach of children.***

### **STEP 1 - WAXING**

#### **GUIDELINES FOR WAXING**

1. Ensure your skin is clean, dry and oil free.
2. *Separating the Double Strips:*  
Rub the Wax Strips between your hands for approximately 3 to 5 seconds to warm the wax. Separate strips by pulling the strips



apart slowly to ensure an even layer of wax on both strips. Each strip in the pack pulls apart to give you 2 strips (Hence 12 double strips become 24).

#### **3. Applying the Strip to the Skin**

Examine the direction of hair growth. Place the Strip onto the area to be treated in the direction of hair growth. Firmly smooth the Strip down in all directions. Press firmly to ensure all the hairs are thoroughly immersed in the wax.

#### **4. Removing the Strip**

Once the Strip has been firmly applied, zip-back fast for the best results. It is important to hold the surrounding skin taut enough to prevent any skin movement when the Strip is removed. With one hand, grasp the end of the Strip firmly and zip back very fast. Always remove the Strip in the opposite direction to the hair growth. It is extremely important to keep the zip-back action as close to the skin surface as possible.

The faster the zip-back the more effective the treatment. Any traces of residual wax on the skin can be removed in one of three ways:

- (A) By re-applying the same Strip in the normal way.
- (B) By dabbing the wax with the un-waxed side of a Strip (fold the Strip first).
- (C) By using a cloth dampened with cooking oil (Ensure after this to clean the area with water and dry before applying the serum).

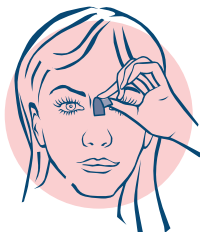
#### **5. Face**

Because facial skin can be soft, take extra care in keeping skin taut when removing the Strips. Failure to do this can lead to skin injury. If you have stubborn facial hair do not continue to re-wax the same spot in one waxing session.

This may cause redness, skin irritation, or bruising.

#### **6. Eyebrows**

Most people will find hair between their eyebrows grows upward. Check the direction of your hair growth. Apply a Marzena Facial Wax Strip, rubbing firmly into place between your eyebrows. Hold the skin taut. Quickly zip-back to remove. Keep the zip-back close to the skin. **DO NOT use wax strips under the eyebrow.**



#### **7. Above Lip**

Generally above-lip hair grows down toward the lips. Do not apply the Strip across the upper lip like a 'moustache'. Instead, cut across the width of the Strips before separating them. Sucking your lips inward, as if to bite them, will assist you in keeping the skin above the lip taut. After cutting and separating the Strip, apply the cut half of the Strip to the skin and firmly press down. Grip the un-waxed portion of the Strip and quickly zip-up close to the skin. Be sure not to apply the strip to the lips



#### **8. Chin and Side of Face**

Holding your head to one side, or tilting it, will help to hold the skin taut. As with other areas, the Strip should be pressed on in the direction of hair growth and removed in the opposite direction.