

## 7. Face

Because facial skin is extremely soft, take extra care in keeping skin taut when removing the Strips. Failure to do this can lead to skin injury. If you have stubborn facial hair do not continue to re-wax the same spot in one waxing session. This may cause redness, skin irritation, or bruising.

## 8. Eyebrows

Most people will find hair between their eyebrows grows upward. Check the direction of your hair growth. Apply a Marzena Facial Wax Strip, rubbing firmly into place between your eyebrows. Hold the skin taut. Quickly zip-back to remove. Keep the zip-back close to the skin.

**DO NOT use wax strips under the eyebrow.**



## 9. Above Lip

Generally above-lip hair grows down toward the lips. Do not apply the Strip across the upper lip like a 'moustache'. Instead, cut across the width of the Strips before separating them. Sucking your lips inward, as if to bite them, will assist you in keeping the skin above the lip taut. After cutting and separating the Strip, apply the cut half of the Strip to the skin and firmly press down. Grip the un-waxed portion of the Strip and quickly zip-up close to the skin.



## 10. Chin and Side of Face

Holding your head to one side, or tilting it, will help to hold the skin taut. As with other areas, the Strip should be pressed on in the direction of hair growth and removed in the opposite direction.

## 11. Underarms

Underarm hair is usually very dense and strong. Some people will find Marzena Liquid Wax (which opens the hair follicles because it is applied warm) may be more effective in removing underarm hair.

When using Marzena Wax Strips, first check that underarms are completely dry and free from perspiration. If the hair is long, trim it to 6mm (1/4 inch) before applying a Wax Strip. You will probably find that your underarm hair grows in two directions so you will need to re-apply the Strip more than once.

Take care to firmly press the Strip onto the skin and quickly zip the Strip back in the opposite direction to the hair growth.

The correct position for waxing your right underarm is to raise your right arm, placing your right hand on the back of your head and positioning your elbow so that the skin under your arm feels taut. The Strips should be applied and removed with your other hand. Repeat this process for your other underarm.

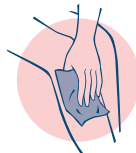
Because it is difficult to keep underarm skin taut, you may require the assistance of another person. Do not proceed until you have managed to keep the skin taut. Improper application can cause skin irritation, skin removal or other injury.



Some people may experience a slight and momentary show of blood at the opening of the hair follicles. After treatment, remember to gently massage, or apply a cold, wet flannel to the area to reduce the tingling sensation. Do not apply deodorant for at least 12 hours following treatment.

## CLEANING-UP

Use the Marzena Ultimate Finish Wipes included. They will soothe, clean and moisturise your skin after waxing.



## FIVE KEY POINTS FOR SUCCESSFUL WAXING:

1. Preparation: ensure skin is clean and dry and the strip is supple, not too hot, not too cold.
2. Press firmly: ensure hair is in contact with the wax
3. Tight skin: ensure the skin is taut enough to stop it moving.
4. Zip-back direction: zip-back close and parallel to the skin, never up and away from it.
5. Zip-back speed: the faster the strip is removed, the more effective the waxing result.

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## Marzena BodyCare Products

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**Marzena**  
for longer lasting smooth skin.

reusable  
wax strips

## BODY & FACIAL INSTRUCTIONS

**IMPORTANT** Please read and fully understand these instructions before commencing with each trial or treatment. Read the warning statement below.

**WARNING:** Wax treatments may not be suitable for people with extra sensitive or problem skins. Wax treatments are not recommended for the elderly or people with loose skin. Wax should not be applied over sunburn, chapped, broken or sore skin, cuts, weak scars, or eczema. Nor should it be used on varicose veins, moles or warts, inside the nose or ears, on nipples, under the eyebrow or genital areas. Failure to heed these warnings may result in severe skin irritation, skin removal, or other injury.

Follow the individual instructions carefully for each treatment area. Test on a small area first before each treatment. Wait 24 hours. If there is no irritation or side effects proceed with treatment. You may require assistance in holding your skin taut. Do not expose newly treated skin to harsh sunlight or to sunlamps for at least 24 hours after waxing as this can result in sunburn and/or injury.

**Keep out of reach of children.**

**PREPARATION**

**1.** After shaving or using chemical depilatory creams, you'll need to let your hair grow to about 3mm (1/8 inch) in length. This will allow the wax to properly grip the hair. It will also work, although less effectively, on shorter hair. While waiting for the hair to grow we recommend you use Marzena Hair Lightener. This lightens facial and body hair to blend with your natural skin colour.



**2.** Always do a pretest 24 hours before each treatment, to confirm there is no skin irritation or adverse reaction that may result in skin irritation or injury. As your skin condition can change, this pretest should be done before each and every waxing treatment. Always pretest on the area to be waxed.

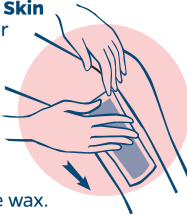
**3.** Ensure your skin is clean, dry, and oil free.

**DIRECTIONS FOR WAXING WITH MARZENA WAX STRIPS**

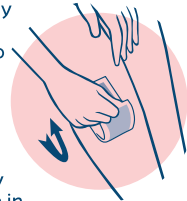
**1. Separating the Double Strips**  
Rub the Wax Strips between your hands for approximately 3 to 5 seconds to warm the wax. Separate strips by pulling the plastic strips apart slowly to ensure an even layer of wax on both Strips. Each Strip in the pack pulls apart to give you 2 Strips (hence 10 double strips become 20). Each strip can be used up to 5 times. Once separated, carefully fold one of the Strips in half (to avoid exposed wax coming into contact with clothing) and put it to one side until required.



**2. Applying the Strip to the Skin**  
Examine the direction of hair growth. Place the Strip onto the area to be treated in the direction of hair growth. Firmly smooth the Strip down in all directions. Press hard to ensure all the hairs are thoroughly immersed in the wax. Pressing hard becomes even more important when reusing the same Strip.



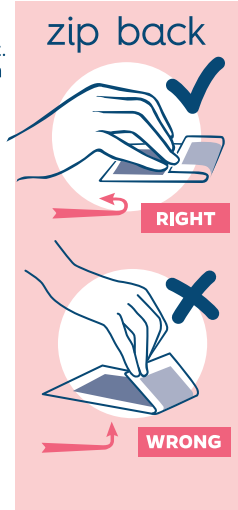
**3. Removing the Strip**  
Once the Strip has been firmly applied, zip-back fast for the best results. It is important to hold the surrounding skin taut enough to prevent any skin movement when the Strip is removed. With one hand, grasp the end of the Strip firmly and zip back very fast. Always remove the Strip in the opposite direction to the hair growth. It is extremely important to keep the zip-back action as close to the skin surface as possible (refer Zip Back illustration).



The faster the zip-back the more effective the treatment. Any traces of residual wax on the skin can be removed in one of three ways:

- (A) By re-applying the same Strip in the normal way.
- (B) By daubing the wax with the un-waxed side of a Strip (fold the Strip first).
- (C) By using a Marzena Ultimate Finish Wipe after waxing is complete.

**Tip:** Use a cloth dampened with vegetable oil if run out of wipes



**4. Reusing**  
Repeat steps 1-3 above for each of the areas to be waxed. Continue using the same Strip until it is no longer effective. Effectiveness will vary according to skin condition and it will be increased by pressing the Strip firmly on to the skin during each reapplication.

**5. Legs**  
Hair growth is downwards. Smooth Strips downwards and, keeping skin taut, remove by zipping up the leg. Ensure you keep the strip close to your skin on the zip-back.

**6. Bikini Line**  
As an easy guide for waxing your bikini line, wear your swimsuit while waxing the area. If the hair is long or curly, trim first to approximately 6mm (1/4inch). Take care to hold the skin very taut as you remove the Strip (see directions). Zip-back fast close to your skin.

