

**Preparation:** Ensure your skin is clean, dry and oil free. **Always do a patch test before treatment:** Follow steps 1-5 on a small patch of the area to be treated. If there is no adverse reaction after 24 hours, continue with the full treatment.

## INSTRUCTIONS FOR USE – READ PRECAUTIONS FIRST



Warm the strips between your hands for 5 seconds so that the strip is supple



Slowly separate the strips to ensure an even layer of wax on both sides. You now have two ready to use strips.



Apply the strip to the skin in the direction of hair growth. Smooth down 3-4 times to ensure hair is immersed in the wax.



Hold the skin taut with one hand. Grip the strip with the other and quickly zip back in the opposite direction to hair growth. Keep the strip close and parallel to the skin. See Zip Back illustration.



Any excess wax can be removed during the treatment by daubing the wax with the unused side of a strip (fold the strip first). Use an after wax wipe to clean, soothe and moisturise after waxing.

zip back



**PRECAUTIONS | KEEP OUT OF REACH OF CHILDREN** Wax treatments may not be suitable for extra sensitive or problem skins. Wax treatments are not recommended for the elderly or those with loose skin. These strips should not be applied over sunburn, chapped, bruised, broken or sore skin, cuts, weak scars or eczema. Nor varicose veins, moles or warts, inside the ears or nose, on nipples, under the eyebrow or genital areas. Do not use if on any medication that affects the skin. Do not use these strips on the face. Do not expose newly treated skin to direct sunlight for 24 hours. Do not use the strips directly after sun bathing, swimming, showering or bathing. Always ensure skin is held taut when waxing.

**Underarms** If the hair is long, trim it to 1cm before applying a Wax Strip. Your underarm hair grows in two directions so wax each section separately. Raise your right arm, placing your right hand on the back of your head and positioning your elbow so that the skin under your arm feels taut. Apply the strip in the direction of growth. Cut to size if need be. Remove the strip as per the directions. Repeat on the other side.

**Bikini Line** As an easy guide for waxing your bikini line, wear your swimsuit while waxing. If the hair is long, trim first to approximately 1cm. Take care to hold the skin very taut as you remove the Strip (see directions). Zip Back fast & close to the skin.

**Reusing the strips** Reuse the strips by repeating steps 3 & 4 until no more hair is removed. Fold the strip and massage the wax to make them more effective for reuse.

**Cleaning up** Use an after wax wipe to clean, soothe and moisturise after waxing. Use baby or cooking oil if unavailable. Water and soap will not remove wax.

**Remember:** Press Firmly, ensure hair is immersed in the wax. Tight Skin, ensure the skin is kept taut enough to stop it moving. Zip Back, close and parallel to the skin in the opposite direction to hair growth. Speed, the faster the strip is removed, the more effective the result.